MOVE • PLAY • DEVELOP

Sports Camp

October Half Term

Strength • Balance • Coordination • Core Strength • Power
The foundations of athletic development for all ages.
Start young, build strong movement skills and develop confidence across swimming, cycling and running.

Details:

Dates: Wed 28th – Fri 30th October
Times: 10 – 3pm (plus wraparound care)
Location: St Teresa's School, Effingham

EARLY BIRD OFFER
First ten get 15% off!

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