

Senior PE Lesson Activities
Autumn 2



ENJOY

EMPOWER

EXCEL

	Monday P3	Wednesday P6	Thursday P5
7PE1	Dance	Netball	Hockey

	Wednesday P5	Thursday P6	Friday P3
8PE1	Netball	Hockey	Dance
8PE2	Netball	Hockey	Dance

	Monday P6	Wednesday P3	Thursday P1
9PE1	Netball	Dance	Hockey
9PE2	Netball	Hockey	Dance

	Tuesday P6	Thursday P3
10PE	Football	Badminton / Golf

	Monday P1	Friday P6
11PE1	Netball	Sport Ed
11PE2	Fitness	Sport Ed

Remember football boots, shin pads, football socks and a gumshield are required for Hockey.