



ENJOY

EMPOWER

EXCEL

Senior PE Lesson Activities**Autumn 1**

	Monday P3	Thursday P5	Wednesday P6
7PE1	Netball	Swimming	Football
7PE2	Netball	Swimming	Football

	Wednesday P5	Thursday P6	Friday P3
8PE1	Netball	Football	Swimming
8PE2	Swimming	Football	Netball

	Monday P6	Wednesday P3	Thursday P1
9PE1	Football	Netball	Swimming
9PE2	Football	Swimming	Netball

	Tuesday P6	Thursday P3
10PE	Fitness	Netball

	Monday P1	Friday P6
11PE1	Netball / Swimming	Sport Ed GAMES
11PE2	Swimming / Netball	Sport Ed GAMES

Remember football boots, shin pads and football socks are required for football and house swim hats, navy swimsuit, towel and flip flops are required for swimming – longer legged swimsuits are acceptable as long as they are navy.