



ENJOY

EMPOWER

EXCEL

**Senior PE Lesson Activities**  
**Spring Term 2**

	<b>Tuesday P6</b>	<b>Wednesday P4</b>	<b>Friday P3</b>
<b>7PE1</b>	Fitness	Netball	Striking and Fielding
<b>7PE2</b>	Fitness	Striking and Fielding	Netball

	<b>Monday P6</b>	<b>Tuesday P4</b>	<b>Thursday P4</b>
<b>8PE1</b>	Fitness	Netball	Striking and Fielding
<b>8PE2</b>	Fitness	Striking and Fielding	Netball

	<b>Wednesday P6</b>	<b>Thursday P3</b>	<b>Friday P2</b>
<b>9PE1</b>	Fitness	Netball	Striking and Fielding
<b>9PE2</b>	Fitness	Striking and Fielding	Netball

	<b>Wednesday P5</b>	<b>Thursday P6</b>
<b>10PE1</b>	Volleyball	Striking and Fielding
<b>10PE2</b>	Striking and Fielding	Volleyball

	<b>Wednesday P2</b>	<b>Friday P6</b>
<b>11PE1</b>	Invasion Games/Badminton	Sport Ed GAMES
<b>11PE2</b>	Invasion Games/Badminton	Sport Ed GAMES