

Online Safety

We take online-safety seriously at Manor House School and work with the girls to help them to become good digital citizens. Parental involvement at home is really important and it is good to keep up to date with trends and issues online. We have therefore listed some websites below which may be of use to you.



Stop, Speak, Support

The Duke of Cambridge has launched a campaign to tackle online bullying with a youth led code of conduct for the internet. Stop, Speak, Support aims to support young people to identify cyberbullying. The code encourages people to:

□ STOP

- Take time out before getting involved, and don't share or like negative comments;
- Try and get an overview of what's really going on;
- Check the community guidelines for the site you're on.

□ SPEAK

- Ask an adult or friend that you can trust for advice;
- Use the report button for the social media it's happening on;
- Speak to one of the charities set up to help with situations like this, such as Childline.

□ SUPPORT

- Give the person being bullied a supportive message to let them know they're not alone;
- Encourage the person being bullied to talk to someone they can trust;
- Give the person being bullied a positive distraction from the situation.

Stop, Speak, Support also provides advice for parents/carers.

<https://www.stopspeaksupport.com/>

#WholsSam





Child Exploitation and Online Protection (CEOP) have launched an animation (<https://youtu.be/wxcwn5x-jE4>) and factsheets (<https://www.thinkuknow.co.uk/professionals/resources/live-streaming/>), '#WholsSam', to help parents/carers and professionals protect their children from online offenders using online streaming platforms.

The short animation highlights the importance of parents and carers talking openly to their children about being safe online, about healthy relationships and encouraging them to speak out if anything happens online that worries them or doesn't feel right.

**internet
matters.org**

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The UK Safer Internet Centre have published advice for parents (<https://www.saferinternet.org.uk/blog/advice-parents-what-do-if-your-child-sees-something-upsetting-online>) if their child sees something upsetting online. The article offers recommendations on how to prevent your child from seeing this type of content and how to support your child if they are distressed following something they have seen.

Prevent

Internet Matters have published an article (<https://www.internetmatters.org/hub/expert-opinion/tackling-radicalisation-qa-with-psychologist-dr-linda-papadopoulos/>) by psychologist Linda Papadopoulos on how parents can support their children if they are worried they are being groomed and radicalised online. Dr Papadopoulos describes signs to look out for, types of grooming, how to talk to your child and how to prevent your child being groomed online.

Engaging with parents – NSPCC & O2 icebreaker series

The NSPCC and O2 have joined forces to produce a series of six weekly emails for parents to support them to talk to their children about their online worlds. Parents can also take a quiz to understand how much they know about their children's online lives. <https://nspcc.o2.co.uk/>